




WHOLE KERNEL SWEET CORN



NET WT. 6 LBS. 8 OZ (104 OZ) 2.95 Kg

Nutrition Facts	
Serving Size 1/2 cup (125g)	
Servings Per Container About 15	
Amount Per Serving	
Calories 100	
	% Daily Value*
Total Fat 2 g	3%
Saturated Fat 0 g	2%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Total Carbohydrate 18 g	6%
Dietary Fiber 3 g	11%
Sugars 6 g	
Protein 3 g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron <2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories : 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram	
Fat	9 • Carbohydrate 4 • Protein 4

INGREDIENTS:
CORN, WATER, SUGAR AND SALT.

Distributed by:
 RD Foods Americas, Inc.
Ramsey, NJ 07446

Product of Thailand



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