



Mushrooms

Pieces and Stems



NET. DR WT. 62 OZ. (1757 GRAMS)

Nutrition Facts			
Serving Size: ½ cup (120g)			
Servings Per Container: about 15			
Amount Per Serving			
Calories 16		Calories from Fat 0	
		% Daily Value*	
Total Fat	0 g	0%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	0 mg	0%	
Sodium	293 mg	13%	
Total Carbohydrate	5 g	4%	
Dietary Fiber	3 g	11%	
Sugars	0 g		
Protein	2 g		
Vitamin A	0 %	Vitamin C	2 %
Calcium	3 %	Iron	2 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories:	2,000 2,500
Total Fat	Less than 65g		80g
Sat. Fat	Less than 20g		25g
Cholesterol	Less than 300mg		300mg
Sodium	Less than 2,400mg		2,400mg
Total Carbohydrates	300g		375g
Dietary Fiber	25g		30g
Calories per gram:			
Fat 9		Carbohydrate 4 • Protein 4	

INGREDIENTS:
MUSHROOMS, WATER,
SALT, CITRIC ACID,
ASCORBIC ACID.



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